

INTERCLUB



WHO IS INTERCLUB FOR?

Key City Gymnastics Interclub program is for beginner to advanced gymnasts.

Interclub extends performance and training opportunities as gymnasts showcase their personal ability, participate in gymnastics events and perform routines at local competitions.

WHAT IS INTERCLUB?

Interclub is performance based program which focuses on the opportunity to perform and take pride in athletic achievement. Athletes and coaches have creative license in routine development and performances.

POSITIVE FIRST COMPETITIVE EXPERIENCE:

At competitions, athletes perform routines which are adjudicated by judges and given positive feedback.

Key City's Interclub team will compete at local and zone invitational meets throughout the competitive season.

BENEFITS OF INTERCLUB:

- Designed for the athlete who would like to experience the competitive level in a fun learning environment
- Available option of training once a week or twice a week.